

338 Junior Wildcats Brossard Optimist

Royal Canadian Air Cadets Squadron

CSP Portobello, CP. 92101, Brossard (Qc) J4W 3K8 • Tél.: 438 520 3382 • Email: 338air@cadets.gc.ca

April 10, 2019

To: 338 Junior Wildcats Cadets & Parents

AIR CADET BUSH SURVIVAL EXERCISE MAY 3-5, 2019

General

As part of our air cadet mandatory training program, cadets of all levels are required to participate to a Bush Survival exercise in order to obtain their air cadet training qualification requirements. The exercise is essentially a week-end long outdoor activity to provide our cadets with an opportunity to live a continuous 24 hours outdoor experience where they will learn to build a shelter, make a fire and prepare their food.

Our plan is to have each cadet sleeping outside in a shelter that they will learn how to build. We will be providing the required equipment to sleep outside and the activity will be under the supervision of qualified adults monitoring the safety and well-being of each cadets. We are also equipped with a large heated facility on site to feed and shelter our cadets should we have to face non favorable weather conditions. The cadets will be provided with five meals and it will consist of military individual meal packs that they will prepare on their survival bivouac site.

Coordination instruction

Cadets will gather for **departure** at the Marie Victorin Community Center at **18:30 on Friday May 3, 2019** with their personal equipment listed on the back of this letter. Make sure your child has eaten dinner before departure since there will be no other food provided until breakfast on Saturday morning. The **return** to Marie Victorin Community Center wil be **around 16:30** on Sunday **May 5, 2019** (might vary plus or minus 30 minutes)

The dress for this activity is CIVILIAN CLOTHING adapted to play outside (NO PART OF BLUE UNIFORM ALLOWED). Cadets who own the old olive CF combat dress are authorized to wear it but it is optional. A clean military sleeping bag and a field mattress will be provided to each cadet for the week-end.

Safety

Please be advised that smoking is prohibited during all cadets activities. Contact lenses shall not be worn during the exercise. Cadets wearing eye glasses will have to be equipped with a safety band. If your child has to take medication, he/she will have to notify their level officer upon arrival in order to identify the medication and when it needs to be taken. Cadets will be responsible to safely store and take their medication. The supervising staff's role will be limited to ensuring the medication has been taken.

In order to participate, <u>you must sign up your child in the event tab of our squadron web site</u> to confirm whether or not they will be present to this mandatory program activity and at the same time confirming your parental authorization to participate.

We hope your child will be joining us for this week-end activity and that they will benefit from a great learning experience.

Major Sylvain Castonguay Commanding Officer 438-520-3382

Sylvain Castonguay

scastonguay@338squadron.ca

EQUIPMENT LIST

CLOTHING	Back pack to carry your personal equipment	1
	Hiking boots or water proof boots (rain boots preferred)	1 pair
	Running shoes or indoor shoes	1 pair
	Wool socks	3 pairs
	Pants to play outside (jeans / sports pants / etc)	2 pairs
	Light shirt or T-Shirt	3
	Warm sweater	2
	Underwear	3
	Gloves	1 pair
	Rain coat and pants (no cadet uniform parts allowed)	1
	Blue cadet tuque (mandatory)	1
	Pyjama	1
MANDATORY ACCESSORIES	Medical Insurance Card (RAMQ)	1
	Work gloves	1 pair
	Tissues	1
	Flash light & batteries	1
	Tooth brush and tooth paste	1 kit
	Soap	1
	Towel & face cloth	1 ens
	Hygienic pad (women)	As reqrd
	Roll of twine (can be purchased at dollar store)	1
	Large garbage bags	3
	Medication (if required)	REQ
	Water bottle / container	1
OPTIONAL ITEMS	Whistle	1
	Tea towel	1
	Blanket	1
	Small pocket knife (blade less than 4 inches and must be locked)	1
	Sun screen / Chap stick /	1 chaque
	Utensiles / plastic cup to drink	1 ens

ARTICLES PROVIDED TO EACH CADET:

Sleeping bag & field mattress

PROHIBITED ITEMS:

Matches, lighter, cigarettes or illegal items, electronic device such as i-pod or cell phone, Rambo style survival knife.

NOTE:

No cadet blue uniform parts authorized during this exercise other than the blue cadet tuque. Squadron cell phone number should you need to reach us in case of emergency: 438-520-3382